

# How to



# Catch a Crab

PERFECT FOR CHILDREN AGED 5+, THIS GUIDE SHOWS THAT YOU CAN FILL YOUR WEEKENDS WITH FUN ACTIVITIES THAT NEEDN'T COST A PENNY!

## HERE'S WHAT YOU DO

1. Find a good spot - we recommend beaches with larger rocks and stones or around piers and harbour walls.
2. Don't use nets or hooks to protect the health of the crabs, you will only need some bait, a weight and a piece of string.
3. Tie your bait onto your piece of string and lower your weight into the bottom of the water - be patient, it'll be worth the wait! Once you feel a tug, gently lift up your string.
4. When you have successfully caught a crab, handle very gently to avoid being nipped by it's pincers!
5. Safely release your crab back into the water once you have finished.

### YOU'LL NEED:

- A GROWN-UP TO SUPERVISE WHILE YOU'RE CRABBING.
- A WEIGHT
- SOME BAIT (LIKE FISH OR BACON)
- A BUCKET (FILLED WITH SEA WATER)

